

# Nebraska Dental Center

Michael J. Schilmoeller, D.D.S | 8050 South 84th Street, La Vista, NE 68128 | (402) 331-1695

## Oral Sedation and/or Nitrous Oxide Analgesia Instructions

- A. Because anesthetic medications cause prolonged drowsiness, you **MUST** be accompanied by a responsible adult to drive you to your appointment and home and stay with you are recovered sufficiently to care for yourself. This may be up to 8 hours.
- B. During recovery time (8 hours) you should not drive, operate complicated machinery or devices, or make important decisions such as signing documents, etc.
- C. You must have a completely empty stomach. **IT IS VITAL THAT YOU HAVE NOTHING TO EAT OR DRINK INCLUDING CAFFEINE DRINKS FOR 5 HOURS PRIOR TO YOUR ANESTHETIC. TO DO OTHERWISE MAY BE LIFE-THREATENING!**
- D. **HOWEVER**, it is important that you take any regular medications (high blood pressure, antibiotics, etc.) or medications provided by this office, except other medications that may cause further drowsiness or sedation, using only a small sip of water.
- E. The night before your dental appointment take one pill one hour before bedtime. This will let you decide if one to two pills are needed before your dental appointment.
- F. Take one or two pills **ONLY** one hour before dental appointment.

### **Consent** *(Must be signed in the office)*

My signature below signifies that all questions have been answered to my satisfaction regarding this consent and I fully understand the risks involved of the proposed procedure and sedation. I certify that I speak, read and write English.

\_\_\_\_\_  
Patient's Signature *(or legal guardian's signature)*

\_\_\_\_\_  
Date

\_\_\_\_\_  
Doctor's signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness signature

\_\_\_\_\_  
Date